

<u>MENU</u>		Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Dairy	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk
	Fruit	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Variety Fruit Bowl
	Grain	Pancakes & Syrup	Granola	Homemade Muffin	Butter Toast	Waffles & Syrup
	Protein	Scrambled Eggs	Yogurt in a Cup	Turkey Sausage	Scrambled Eggs	String Cheese
Lunch	Dairy	Water & Milk	Water & Milk	Water & Milk	Water & Milk	Water & Milk
	Protein	Meatballs	Taco Meat and Cheese	Meat / Cheese PB & J / Nutella	Grilled Chicken	Peperoni & Cheese
	Grain	Spaghetti & Sauce	Corn/flour tortilla	Whole Grain Bread	Butter Pasta & Parmesan	Pizza Crust
	Veggie	Broccoli	Pico de Gallo	Fresh Carrots	Squash & Zucchini	Veg Medley
	Veggie	Corn	Guacamole	Cherry Tomatoes	Seasonal Veggie	Olives
	Fruit	Mango	Oranges	Apples	Watermelon	Mango
Snack	Dairy	Water & Milk	Water & Milk	Water & Milk	Water & Milk	Water & Milk
	Fruit	Fresh Fruit & Pouches	Fresh Fruit & Pouches	Fresh Fruit & Pouches	Fresh Fruit Bowl	Fresh Fruit & Pouches
	Grain	High Calorie Granola Bar	Chocolate Chip Home Baked Cookies	High Calorie Granola Bar	Chocolate Chip Home Baked Cookies	Fresh Baked Cookies