

The Alta Children's Center Summer Camp Sleepaway Week

Parental guidelines and consent for Sleep Away Week

The Utah State Rules and Regulations that The Alta Children's Center is required to follow during sleep and off-site activities are:

R381-60-22. Rest and Sleep.

- * The provider shall use a separate cot, mat, or other sleeping equipment for each child during nap times.
- * When in use, the provider shall place sleeping equipment such as cots, and mats at least two feet apart.
- * The provider shall ensure that sleeping equipment does not block exits.
- * The provider shall clean and sanitize sleeping equipment before each use.

R381-60-18. Activities.

If offsite activities are offered, the provider shall ensure that: the parent gives written consent before each activity;

- * the required caregiver-to-child ratio and supervision are maintained during the entire activity;
- * first aid supplies, including at least antiseptic, bandages, and tweezers are available;
- * children wear or carry with them the name and phone number of the center;
- * children's names are not used on nametags, t-shirts, or in other visible ways; and
- * there is a way for caregivers and children to wash their hands with soap and water, or with wet wipes and hand sanitizer if there is no source of running water.
- * The provider shall ensure a caregiver with the children takes the written emergency information and releases for each child in the group on each offsite activity, and that the information includes at least: the child's name; the parent's name and phone number; the name and phone number of an individual to notify if an emergency happens and the parent cannot be contacted; the names of people authorized by the parents to pick up the child; and current emergency medical treatment and emergency medical transportation releases.

Please contact the office of The Alta Children's Center at 801-742-3042 before signing if you have questions.

I have read this form carefully and have had all questions answered before signing and hereby agree to give written consent for my child to participate in off site, sleep away camp activities under the minimum rules and regulations outlined above.

Child's Name (print): _____

Parent/Guardian must sign. Signature represents legal authority for child listed above.

Parent/Guardian Print Name: _____

Parent/Guardian Signature: _____ Date: _____