

<u>MENU</u>		Monday	* Tuesday	Wednesday	Thursday	* Friday
<b>Breakfast</b>	Dairy	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk	Water & 1% Milk
	Fruit	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl	Fresh Fruit Bowl
	Grain	Pancakes & Syrup	Granola	Homemade Muffin	Butter Toast	Waffles & Syrup
	Protein	Scrambled Eggs	Yogurt in a Cup	Turkey Sausage	Scrambled Eggs	String Cheese
<b>Lunch</b>	Dairy	Water & Milk	Water & Milk	Water & Milk	Water & Milk	Water & Milk
	Protein	Beef Meatballs	Taco Meat, Refried Beans and Shredded Cheese	Lunch Meat / Cheese PB & J / Nutella	Grilled Chicken	Beef Hotdogs
	Grain	Spaghetti & Sauce	Corn/flour tortilla	Whole Grain Bread	Butter Pasta & Parmesan	Bread Rolls
	Veggie	Broccoli	Pico de Gallo	Fresh Carrots	Squash & Zucchini	French Fries
	Veggie	Corn	Guacamole & Lettuce	Cherry Tomatoes	Seasonal Veggie	Olives
	Fruit	Mango	Oranges	Apples	Watermelon	Banana
<b>Snack</b>	Dairy	Water	Water	Water	Water	Water
	Fruit	Fresh Fruit & Pouches	Fresh Fruit & Pouches	Fresh Fruit Bowl	Fresh Fruit & Pouches	Fresh Fruit & Pouches
	Grain	Ms. Ilse's Granola Bars	Banana Chocolate Chip Cookies	Ice Cream Sandwiches	Banana Chocolate Chip Cookies	Ms. Ilse's Granola Bars